



JR. OLYMPIC VAULT VALUES FOR LEVEL 9

(Effective August 1, 2013 - July 31, 2017)

GROUP I HANDSPRINGS, YAMASHITAS	GROUP II HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD	GROUP III TSUKAHARA or 1/2 on - SALTO FWD OR BWD with or without TURN	GROUP IV Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN	GROUP V Round - off, Flic-flac with 1/2 or 1/1 turn on - HANDSPG or SALTO FWD OR BWD with or without LA TURN
1.101 Handspring 8.6 1.102 Handspring-1/2 8.7 1.103 Yamashita 8.6 1.104 Yam1 - 1/2 8.7 1.105 1/2 on - 1/2 off 8.7 OR 1.106 1/2 on - 1/2 off 1.106 1/2 on - Repetition off 7.0	1.201 Hsp - 1/1 9.0 1.202 Hsp - 1 1/2 9.4 1.203 Yam1 - 1/1 9.0 1.205 1/2 on - 1 1/2 off 9.3 or 1/2 on - 1 1/2 off 1.206 1/2 on - 1/1 off 8.9 or 1/2 on - 1 1/2 off 1.207 1/1 on - H/Y 9.0 1.208 1/1 on - 1/2 off 9.3	3.201 Tsukahara Tuck 9.6 Note for the J.O. Program: All Group 3 vaults may be performed with a 90° to 180° LA turn in the first flight	4.101 RO,FF on - Repulsion off 7.0 8.7 4.102 RO,FF on - Repulsion 1/2 off 4.201 RO,FF on - 1/1 twist off 9.1 4.202 RO,FF on - 1 1/2 twist off 9.3 (Allen)	5.101 RO,FF 1/2 on - Handspg off 8.9 All Group 5 vaults described as a flic-flac with a 1/1 (360°) turn on may be performed with a 1/2 (270°) to 1/1 (360°) LA turn in the first flight
1.301 Hsp - 2/1 9.9 1.306 1/2 on - 2/1 off 9.8 1.307 1/1 on - 1/1 off 9.7	2.301 Hsp - Front Tuck 10.0 2.302 Hsp - Front Tuck 1/2 10.0 2.304 Hsp - Front Pike 10.0 2.310 Fr. Handsp onto board, Hsp. - Fr. Tuck (H) 10.0 Fr. Handsp onto board, Hsp. - Fr. Pike (Garbano) 10.0	3.302 Tsuk Tuck 1/1 10.0 3.303 Tsuk Pike 9.7 3.304 Tsuk layout 10.0 3.306 1/2 on - 1/2 off, Fr. Tuck 9.9 or 1/2 on - 1/2 off, Fr. Tuck (hand facing out) 3.308 1/2 on - 1/2 off, Fr. Tuck 1/2 10.0 (Shible) or 1/2 on - 1/2 off, Fr. Tuck 1/2	4.301 RO,FF on - 2/1 twist off 9.8 4.303 RO,FF on - B. Tuck 1/1 10.0 4.304 RO,FF on - B. Pike 9.7 4.305 RO,FF on - B. Layout 10.0 4.307 RO,FF on - 1/2 off, Fr. Tuck 9.9 or RO,FF on - B. Tuck 1/2	5.312 RO,FF 1/2 on - 2/1 twist off 9.9

Revised 07/02/2013