

## 8. GYMNASTICS — GIRLS

### A. GENERAL REGULATIONS

#### 1) Individual Non-Interscholastic Competition Dates:

A gymnastics athlete who has not participated for the school in gymnastics that season must cease non-interscholastic gymnastics competition six weeks (42 days) prior to the Monday of the week of the state tournament in gymnastics in order to be eligible for OHSAA tournament competition.

In addition, an athlete who has participated for the school in gymnastics who violates this non-interscholastic competition date by participating in a non-interscholastic contest in gymnastics shall be ineligible for OHSAA tournament competition in gymnastics in addition to any other penalties that may be prescribed.

Date: January 18, 2016.

#### 2) Interscholastic Participation

To be eligible for the team event competition in the OHSAA tournament in girls gymnastics, a school shall compete in a minimum of two interscholastic contests as a team (3 or more athletes in each of the four events) prior to the OHSAA Tournament.

#### 3) Ejection for Unsporting Conduct

See *Ejection Policies for Players and Coaches* under Sections 13 and 14 of the General Sports Regulations.

#### 4) Transfer Bylaw

Due to the many questions regarding this bylaw and its application to students desiring to participate in gymnastics please go to the OHSAA website ([www.ohsaa.org](http://www.ohsaa.org)), click on the “Eligibility” link, then click on the “Transfer Bylaw Resource Center” to assist in the understanding of this bylaw. Note that students who transfer and do not meet an exception to this bylaw are ineligible for all contests until regular season contest number nine (9) in gymnastics.

#### 5) Out-of-State Travel

A gymnastics team may travel out of state to compete in contests (as there are no scrimmages or previews permitted, this means any regular season competition) in states or provinces in Canada that are contiguous to Ohio regardless of distance to travel. The states include Indiana, Kentucky, Michigan, Pennsylvania and West Virginia. The province includes Ontario. A gymnastics team may not travel out of state only to practice.

Additionally, a gymnastics team may travel out of state one time per interscholastic season to compete in contests in states or provinces in Canada that are not contiguous to Ohio provided there is no loss of school time.

“School time” is defined as any time during any day during which the school is in session as stipulated in its Board-adopted school calendar exclusive of contingency days. **Penalty for Violation:** The school shall be ineligible for the OHSAA postseason tournament in the sport in which the out-of-state travel was involved and could be subject to additional penalties as referenced in Bylaw 11.

**EXCEPTION:** If, because of missed school days due to calamity situations, an otherwise non-school day(s) becomes a school day(s) in order to make up for the missed school day, the school may compete in a contest(s) outside the state of Ohio provided:

- 1) The school had contracted for/committed to said trip/contest(s) at least three months prior to the contest(s) in question and;
- 2) The school receives written permission from the Commissioner’s office at least one week in advance of the scheduled event.

#### 6) Non-Interscholastic Participation

6.1) A member of an interscholastic gymnastics squad (any student who has participated in a regular season/tournament contest sponsored by the Board of Education) shall not participate in a non-interscholastic contest as an individual or member of a team in the sport of gymnastics during the school’s season (Sports Regulation 7.2.2).

6.2) Interscholastic gymnastics coaches may coach athletes from the school where employed outside the interscholastic season of the sport. No coach may require participation until the official start of the interscholastic season.

**7) Penalties**

The maximum penalty for violation of Sports Regulation 7.2.2 (participation with a non-interscholastic gymnastics squad or in non-interscholastic competition while a member of the school's interscholastic gymnastics squad) or any OHSAA regulations for any member of the school squad EXCEPT a senior is ineligibility for the remainder of the interscholastic gymnastics season or the ensuing gymnastics season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

**B. SPECIFIC REGULATIONS — Grades 9-12**

- 1) Coaching, tryouts and instruction may begin — November 6, 2015.
- 2) First contest — December 7, 2015.
- 3) Deadline date for OHSAA tournament — January 25, 2016.
- 4) Tournament draw/seeding meeting — February 7, 2016.
- 5) Coaching and Season end with the State Tournament — March 5, 2016.
- 6) Scrimmages — None permitted.
- 7) Regular season contests — 14 for team and individuals; no limit on number of opponents.
- 8) Rules — U.S.A. Gymnastics.
- 9) Officials
  - 9.1) Varsity — Minimum of one OHSAA Class 1 judge required. It is strongly recommended that two Class 1 judges officiate each meet. Class 2 judges may be utilized, but it is highly recommended that a Class 2 official judge with a Class 1 official.
  - 9.2) Reserve/Junior Varsity — Minimum of one OHSAA Class 1 or 2 judge recommended.
  - 9.3) Freshman — OHSAA Class 1 or 2 or non-registered level 8 JCI or higher recommended.

**C. SPECIFIC REGULATIONS — Grades 7 & 8**

- 1) Coaching, tryouts and instruction may begin — November 6, 2015.
- 2) First contest — December 7, 2015.
- 3) Coaching and Season end with the State Tournament — March 5, 2016.
- 4) Scrimmages — None permitted.
- 5) Regular season contests — 12 for team and individuals.
- 6) Rules — U.S.A. Gymnastics.
- 7) Officials — Minimum of one OHSAA Class 1 or 2 or non-registered level 8 JCI or higher recommended.

<b>Gymnastics</b>	<b>2015-16</b>	<b>2016-17</b>	<b>2017-18</b>	<b>2018-19</b>	<b>2019-20</b>	<b>2020-21</b>
Coaching Begins	11/6	11/4	11/3	11/2	11/1	11/6
Season Begins	12/7	12/5	12/4	12/3	12/2	12/7
Non-Interscholastic Date	1/18	1/16	1/15	1/14	1/13	1/18
District	2/15-2/27	2/13-2/25	2/12-2/24	2/11-2/23	2/10-2/22	2/15-2/27
State	3/4-3/5	3/3-3/4	3/2-3/3	3/1-3/2	2/28-3/1	3/5-3/6
Season Ends	3/5	3/4	3/3	3/2	3/1	3/6
Easter	3/27	4/16	4/1	4/21	4/12	4/4